EXPLORETRAVELER / NORTHWEST LOUISIANA FIELD GUIDE

Shreveport-Bossier Food & Stay Weekend

Build two easy days around local flavors, one place to stay and an experience worth making time for.

Choose a meal anchor on each side of the river, keep time between stops, and compare the complete accommodation quote before booking.

YOUR WEEKEND	A PRACTICAL SHAPE
Day 1: Shreveport	A food stop plus an indoor attraction or art-and-garden visit; check the day of operation first.
Day 2: Bossier City	A meal in the East Bank area plus a separate nature outing if access and weather fit.
Extend west	Connect Marshall, Jefferson and Caddo Lake using the companion guide.

Inside: food research options, attraction choices, accommodation questions, a two-day worksheet and official source links.

Free to download. No email or purchase required. This edition is in English.

Companion hub and updates

This source-based collection complements John and Karen Gentry's published travel stories. Businesses below are research starting points, not first-hand reviews or confirmed sponsors.

Let two meals shape the route

Shreveport: Orlandeaux's Cafe

The operator describes Creole, soul-food and Southern cooking, including gumbo, stuffed shrimp and po'boys. Use the current menu and location information to decide whether it fits your party; confirm ingredients and any dietary questions directly.

Orlandeaux's official site

Bossier City: BeauxJax Crafthouse

BeauxJax describes a Cajun-focused restaurant in the East Bank area. Its Crafthouse contact address is 501 Barksdale Blvd, distinct from its catering address. Confirm you are navigating to the dining location, and check the current service and event schedule.

BeauxJax official site | Location details

FOOD QUESTION	MY NOTES
Dish / menu link / date checked	_____
Ingredients / dietary questions	_____
Reservation, wait or takeaway plan	_____
Complete meal estimate for our party	_____

A flexible tasting plan

Choose one main meal and leave space for a snack or dessert you discover locally. Keep the second day open enough to follow a useful recommendation without losing a prepaid booking. The regional Food Passport has additional tasting-note space.

Choose one experience per half-day

OPTION	WHAT TO CHECK
Shreveport Aquarium	Use the aquarium's own ticket and calendar pages for current entry times, availability, access needs and special-event details.
R.W. Norton Art Gallery and gardens	The operator currently lists Wednesday-Sunday garden access and closes the gardens Monday and Tuesday. It prohibits photography and videography on the grounds and in the museum, except for its stated educational exception. Recheck the policy before visiting.
Red River National Wildlife Refuge	The headquarters is in Bossier City. Check the exact refuge unit, permitted activity, trail access and current notices; not every unit has the same visitor facilities.

Aquarium official site
Norton visitor policy and gardens
Red River refuge official site

Late October / November 2026 planning note

The State Fair of Louisiana publishes a 2026 run of October 29-November 15 in Shreveport, with Monday and Tuesday closures. Confirm your exact date, admissions, parking and schedule on the official site. Replace an existing half-day with the fair rather than adding it to an already full itinerary.

Official fair dates and operating days

The event note is specific to 2026. Other activity ideas are starting points; openings and conditions still need a fresh check.

Compare the complete stay

One hotel to research

The Remington Suite Hotel & Spa is an accommodation option in downtown Shreveport at 220 Travis Street. Use its own booking and room information to check the exact room, amenities, access and all mandatory charges for your dates. This guide does not claim an overnight stay or hotel inspection.

Remington official site

ASK BEFORE YOU BOOK	OPTION A / OPTION B
Exact room, beds and occupancy	_____ / _____
Final price with taxes and charges	_____ / _____
Parking location, cost and access	_____ / _____
Stairs, lift or specific access needs	_____ / _____
Breakfast / meals included	_____ / _____
Cancellation deadline and refund terms	_____ / _____
Pet or vehicle restrictions if relevant	_____ / _____

Choose a base around the actual route

Compare where you expect to eat and visit with the hotel address, parking and your departure direction. Check the journey in a current route app for your travel time. A page title or neighborhood name is not proof that every stop is walkable.

Booking reference and questions - keep payment details private

_____

_____

_____

Leave room for the unexpected

TIME BLOCK	PLAN / ADDRESS / RESERVATION
Day 1 morning	_____
Day 1 main meal	_____
Day 1 afternoon / evening	_____
Day 2 morning	_____
Day 2 main meal / return	_____
Weather or closure alternative	_____
PARTY TOTAL	MY QUOTE / ESTIMATE
Room + required fees + parking	$ _____
Food and drink	$ _____
Transport + fuel + tolls	$ _____
Tickets / activities / reserve	$ _____
Complete weekend total	$ _____

Gear prompts for an ordinary city-and-nature day

Comfortable walking shoes, weather protection, a charged phone and backup power, a refillable bottle, and saved booking/route details are useful starting categories. Choose equipment to suit the activity. No brand performance test or safety certification is implied.

What would make me return?

_____

_____

Turn a weekend into a useful next step

Return for links and updates

Open the companion planning hub

Regional food passport

Regional nature guide

Dallas-Shreveport route planner

Optional travel emails

Research sources were checked October 26, 2026. Confirm current hours, fees, reservations, menus, access and conditions directly. This guide records researched starting points, not first-hand hotel or restaurant reviews. Future hosted or sponsored coverage will be labeled.

For hospitality and travel businesses

Restaurants, hotels, attractions and useful-gear businesses can propose a regional feature, hosted experience, evaluation or paid collaboration. Any content scope, rights and reporting are agreed in advance. Honest editorial opinions and clear sponsorship disclosures apply.

Discuss a regional partnership

Source desk

Visit Shreveport-Bossier
Orlandeaux's Cafe
Beauxlax Crafthouse
Beauxlax location
The Remington Suite Hotel & Spa
R.W. Norton gardens
Shreveport Aquarium
Red River National Wildlife Refuge
State Fair of Louisiana

Check the companion hub for revised source links and additional planning resources. Optional email updates are separate from the free download.